

RESOLUTION NO. 1019

**INTRODUCED BY: ALDERMAN ROBERTSON
ALDERWOMAN SAUNDERS
ALDERWOMAN MANESTAR
ALDERMAN LEAHY**

**A RESOLUTION ADOPTING HEALTHY AND SUSTAINABLE FOOD SERVICE GUIDELINES
IN THE CITY OF BRENTWOOD**

WHEREAS, the Board of Aldermen of the City of Brentwood deem it to be in the best interests of the public to institute Healthy and Sustainable Food Service Guidelines as part of the City's health and wellness goals for Let's Move! Cities, Towns and Counties (LMCTC); and

WHEREAS, LMCTC is a major component of First Lady Michelle Obama's comprehensive Let's Move! initiative, which is dedicated to solving the childhood obesity epidemic within a generation; and

WHEREAS, LMCTC calls upon local elected officials to adopt sustainable and holistic policies that improve communities' access to healthy, affordable food and opportunities for physical activity through five goal areas; and

WHEREAS, A policy for healthy and sustainable food service guidelines aligned with the Dietary Guidelines for Americans is adopted for municipally owned venues that offer or sell food/beverages is needed to move forward with Goal IV – Model Food Service; and

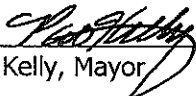
Whereas, The goals of the City of Brentwood's Policy for Healthy and Sustainable Food Service Guidelines are to increase access to healthy food and beverage options and reduce and/or eliminate the availability of unhealthy snack choices in vending machines.

NOW, THEREFORE, BE IT RESOLVED BY THE BOARD OF ALDERMEN OF THE CITY OF BRENTWOOD, MISSOURI, AS FOLLOWS:

SECTION 1. The Board of Aldermen hereby approve and adopt healthy and sustainable food service guidelines for the City of Brentwood as set forth in Exhibit A as attached hereto.

SECTION 2. These guidelines shall be in full force and effect from and after the date of its passage and approval by the Mayor and the Board of Aldermen.

APPROVED AND ADOPTED THIS 20th DAY OF October, 2014.



Pat Kelly, Mayor

Attest:



Bola Akande
City Administrator

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**City of Brentwood
Parks and Recreation Department
Healthy and Sustainable Food Service Guidelines**

The goal of the City of Brentwood's Policy for Healthy and Sustainable Food Service Guidelines are to increase access to healthy food and beverage options and reduce and/or eliminate the availability of unhealthy snack choices in vending machines. Implementing healthy vending machines in city-owned facilities can be an effective strategy in increasing access to healthy food for both members of the public and the employees. These guidelines will promote uniformity throughout all vending machines in city owned buildings.

I. Vending Machines - Beverages

Fifty percent or more of beverages offered in each City of Brentwood vending machine shall meet the following criteria.

- A. Water - with no additives
- B. 100% fruit/vegetable juice
- C. Artificially-sweetened, calorie-reduced beverages that do not exceed 50 calories per twelve ounce container including teas and electrolyte replacement drinks
- D. Fruit-based drinks containing at least 50% juice and no added caloric sweeteners
- E. Other non-caloric beverages, such as coffee, tea and diet sodas

II. Vending Machines – Snacks and Food

Fifty percent or more of snacks/foods offered in each City of Brentwood vending machine shall meet the following criteria.

- A. No more than 35% calories from fat, with the exception of nuts and seeds
- B. No more than 10% of calories from saturated fat
- C. Contains no trans fats added during processing
- D. No more than 35% of calories from total sugars
- E. No more than 200 mg of sodium per serving
- F. Contain at least 3 grams of dietary fiber per serving

III. Pricing and Placement

The following standards will be followed in regards to pricing and placement.

- A. Foods and beverages that meet the nutrition standards must be sold at a price equivalent to or lower than similar items that do not meet the standards
- B. Foods and beverages meeting the standards will be placed within the vending machine so that they are visible at eye level.