

# Hillsborough Township

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## News Release

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FOR IMMEDIATE RELEASE

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### **Hillsborough Township's 2018 Green Living and Wellness Fair Set for Saturday, June 2nd - Save the Date**

- *In Partnership with the YMCA – 18<sup>th</sup> Annual Hillsborough YMCA HOP 5K*

“The Annual Green Living and Wellness Fair will be held on Saturday, June 2nd, in conjunction with the Hillsborough YMCA HOP 5K”, announced Committeeman Frank DeCore.

The Fair, which will be held rain or shine, is from 8 - 11 a.m. at the Peter J. Biondi Municipal Building.

Participating local businesses will have informative presentations, displays and demonstrations to raise awareness of the many facets of living a healthy lifestyle, including making sound nutritional choices, making long-term life planning decisions, choosing a green lifestyle as well as many health screenings.

There will be a poster contest open to all school aged Hillsborough residents to design a “Living Green” themed poster. Submitted posters should communicate a positive message on the benefits of living a *Green Lifestyle*, on an 8 ½” x 11” size paper. Please include name, address, home phone number, age, grade and school on the back of the poster. Posters must be submitted to the Administration Office by Friday, June 1st at 4:00 pm for consideration for the contest. All participants will receive a certificate of participation from Mayor McCauley and finalist prizes will be presented at a future Township Committee meeting.

Those organizations wishing to participate in the Fair must register in advance by calling the Health Department at [908-369-5652](tel:908-369-5652).

To register to participate in the YMCA Hop 5K, please visit the YMCA's website at <http://www.somersetcountyyymca.org/giving/hillsborough-ymca-hop-5k>

**About the Green Living and Wellness Fair:**

The Annual Green Living and Wellness Fair began as a health fair offered by the Township. As times have changed so has the complexion of this initiative. The fair now comprises a holistic approach to wellness, not just health related but wellness for the environment. The evolution of the fair has allowed for an expanded approach widening the resources and available programs to participate.

**About the Hillsborough Hop 5K:**

As one of Somerset County's premier road races, Hillsborough YMCA Hop 5K brings families and the community together in a fun race that encourages everyone to strive for and reach a personal fitness goal.

Hillsborough YMCA is pleased to sponsor the event which has continued to grow over the past 17 years and has become a fun, spring fitness tradition in the Hillsborough community. The event raises funds that help Hillsborough YMCA fulfill its mission to keep programs and services available to all, regardless of income.

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